

Fruit Seasonal Chart

Not Available

Light Supply

Good Supply

























PRODUCT	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
Apples - Granny Smith												
Apples - Golden Delicious												
Apples - Pink Lady												
Apples - Royal Gala												
Apples - Fuji												
Apricot												
Bananas												
Berries - Blackberry												
Berries - Blueberry												
Berries - Raspberry												
Cherries												
Chestnuts												
Coconut												
Dates												
Fig												
Grapes - Red Seedless												
Grapes - Green Seedless												
Grapefruit - Pink												
Grapefruit - White												
Guava												
Honeydew												
Kiwi Fruit												
Lemons												
Lime												
Lychee												
Mandarines												
Mango												
Nectarines												
Oranges - Navel												

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Oranges - Valencia												
Paw Paw												
Passionfruit												
Peaches												
Pear - Nashi												
Pear - Packham												
Pineapple												
Plums												
Pomegranate												
Pommelo												
Rhubarb												
Rockmelon												
Strawberries												
Tamarillo												
Watermelon												

Herb Seasonal Chart

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PRODUCT	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
Basil												
Basil - Thai												
Bean Sprouts												
Chervil												
Chives												
Continental Parsley												
Coriander												
Curry Leaves												
Dill												
Horseradish												
Lemon Grass												
Lime Leaves												
Marejorm												
Mint												
Mint - Vietnamese												
Mint - Wild												
Oregano												
Parsley - Large												
Parsley - Small												
Rosemary												
Sage												
Tarragon												
Thyme												
Thyme - Lemon												

Misc Seasonal Chart

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PRODUCT	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
Eggs - 600gm												
Eggs - 700gm												
Eggs - 800gm												
Lemon Juice												
Lime Juice												
Noodles- Hokkien												
Noodles- Singapore												